

# Turkey Meatloaf

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*Looking for an easy dinner idea that will produce leftovers for lunch? This tasty meatloaf is your weeknight solution.*

## Ingredients:

1 pound ground turkey  
½ pound ground beef  
1 cup breadcrumbs  
½ cup chicken stock  
2 egg whites  
1 clove garlic, finely chopped  
1 tablespoon Dijon mustard  
1 teaspoon Worcestershire sauce  
½ teaspoon salt  
¼ teaspoon ground nutmeg  
¼ teaspoon black pepper

## Directions:

- 1) Preheat oven to 375°F. Lightly grease a loaf pan.
- 2) Combine all ingredients in a large bowl; mix well with hands. Spread into the loaf pan. Bake 50 to 60 minutes. Cool 10 minutes, remove from pan, and serve.